



# Rein in a Dream

Building upon each individual's inner strength!



## OUR POLICIES

### Introductory Session

If a participant/parent/guardian is unsure whether the benefit of a therapeutic/recreational horsemanship experience will meet their individual needs, Rein in a Dream offers an introductory session consisting of 3 lessons. This allows participants an opportunity to try programs at RIAD without committing to a full session. Payment in full for the 3 lessons is required prior to the first lesson.

### Assessment Lesson

In those circumstances where it is uncertain if the child/participant will be an appropriate candidate for the program, a 1-hour assessment will be conducted to evaluate the participant's ability to benefit from the program. There is a \$50.00 charge for the assessment lesson. A Rein in a Dream medical authorization form and liability release form must be completed and signed in order to ride during the assessment.

### Weight Limit

Please note that, at this time, there is a weight limit of 225 pounds due to the capacity of our horses.

### Cancellations and Missed Lessons

Each participant is allowed one excused absence during the session. At the commencement of the session, participants should secure instructor contact information. RIAD does not have 24 hour on-call capability. The instructor must be notified with **24-hours' notice** in order for participants to receive a credit or a make-up time slot. Unfortunately, due to scheduling requirements, if 24-hours' notice is not possible, the missed lesson will be charged. The instructor must be notified as soon as possible, and the participant must bring a note upon their return. It is of utmost importance that the participant schedules the make-up lesson directly with their instructor.

The make-up lesson will be offered at the end of each Fall, Winter and Spring session, during the scheduled make-up week. Make-ups are conducted during the session's regularly scheduled lesson time and there will be only one make-up lesson offered per session. If a participant accrues three unexcused lessons, their time slot will no longer be held. Please note that make-up lessons are not offered during the Summer session.

### Discharge

A participant may be discharged from the program upon recommendation of the instructor if the participant demonstrates behaviors that are unsafe for self, others, or the horse; is not appropriate or benefiting from the service; or if RIAD is unable to provide a safe therapeutic or recreational lesson.

### Inclement Weather

At RIAD, we believe that learning all aspects of horsemanship is vital to meeting individual goals and in becoming a skilled equestrian. Therefore, during inclement weather, lessons are held in the barn or indoor arena. If weather is less than 25 degrees, or if conditions are deemed unhealthy or unsafe, there will be no mounted lessons.

However, when roads are considered unsafe for driving, lessons are cancelled. If a lesson is missed due to inclement weather, RIAD will make every effort to contact participants. Participants will receive a 'credit' towards future lessons.

### Riding Attire

All participants must wear an approved ASTM-SEI Helmet. (Provided when necessary).

All participants must wear hard-soled shoes with a 1" heel. (Provided when necessary).

Participants should dress in layers and wear long, loose-fitting pants to ride.

No baggy clothing or low-slung pants.

Participants should wear tops that are modest in style such as t-shirts with sleeves.

Teenage girls are encouraged to wear a sports bra.

All long hair must be tied back for safety.

No dangling jewelry.

All participants and family members are asked to wear closed toed shoes. Open toed shoes are not allowed in the barn, pasture or arena. Safety First!