



Rein in a Dream

Building upon each individual's inner strength!



OUR POLICIES

Introductory Session

If a participant/parent/guardian is unsure whether the benefit of a therapeutic/recreational horsemanship experience will meet their individual needs, Rein in a Dream offers an introductory session consisting of 3 lessons. This allows participants an opportunity to try programs at RIAD without committing to a full session. Payment in full for the 3 lessons is required prior to the first lesson.

Assessment Lesson

In those circumstances where it is uncertain if the child/participant will be an appropriate candidate for the program, a 1-hour assessment will be conducted to evaluate the participant's ability to benefit from the program. There is a \$50.00 charge for the assessment lesson. A RIAD medical authorization form and liability release form must be completed and signed in order to ride during the assessment.

Recreational Horsemanship

Although RIAD is primarily a Therapeutic Horsemanship Center, often children and adults seek to ride in a non-competitive, relaxing environment. For this reason we offer beginner to intermediate recreational instruction.

Note: The focus of lessons is based on learning traditional riding and horsemanship skills.

When selecting recreational horsemanship, participants must demonstrate the following;

- Does not require interactive activities (unrelated to horsemanship) to meet individual therapeutic goals.
- Is able to follow multiple-step directions.
- Is able to follow all of the center's safety rules.
- Is able to maintain focus and attention to the task at hand such as grooming and tacking.
- Is able to groom, tack and provide after care for the horse.
- Can ride and steer independently at the walk and trot.
- Emotional, cognitive, intellectual or behavioral challenge does not interfere with riding independently.
- Does not require a support staff.
- Is able to sit astride a horse or pony without assistance.
 - Does not require a leader or side-walker.
- Is is not a safety risk to themselves, others or the animals.

Weight Limit

Please note that there is a weight limit of 225 pounds for mounted lessons due to the capacity of our horses.

Cancellations and Missed Lessons

- At the commencement of the session, participants must exchange contact information with the instructor.
 - NOTE: RIAD does not have 24 hour on-call capability.
- All Scheduling conflicts are to be reported to the instructor via a phone call or text message.
- The **instructor** must be notified with a **24-hour notice** in order for participant(s) to receive a make-up lesson.
- Each participant is allowed one excused absence during the session.
- The make-up lesson will be schedule with the instructor at a mutually agreed upon day and time.
- Make-ups must be completed during the session.
- Credits for lessons are not offered unless there is a medical reason, which requires a written note from the participants' physician.
- If a participant accrues three unexcused lessons, their time slot will no longer be held.



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Discharge

A participant may be discharged from the program upon recommendation of the instructor if the participant demonstrates behaviors that are unsafe for self, others, or the horse; is not appropriate or benefiting from the service; or if RIAD is unable to provide a safe therapeutic or recreational lesson.

Inclement Weather

At RIAD, we believe that learning all aspects of horsemanship is vital to meeting individual goals and in becoming a skilled equestrian. Therefore, during inclement weather, lessons are held in the barn or indoor arena.

- If weather is less than 25 degrees, or if conditions are deemed unhealthy or unsafe, there will be no mounted lessons.
- When roads are considered unsafe for driving, lessons are cancelled.
 - Please contact participant's instructor to confirm canceled lessons.
- If a lesson is missed due to inclement weather, RIAD will make every effort to offer a make-up lesson.
 - If arrangements cannot be made for a make-up lesson, participant(s) will receive a credit towards future lessons.

Riding Attire

- All participants must wear an approved ASTM-SEI Helmet. (Provided when necessary).
- All participants must wear hard-soled shoes with a 1" heel. (Provided when necessary).
- Participants should dress in layers and wear long, loose-fitting pants to ride.
- No baggy clothing or low-slung pants.
- Participants should wear tops that are modest in style such as t-shirts with sleeves.
- Teenage girls are encouraged to wear a sports bra.
- All long hair must be tied back for safety.
- No dangling jewelry.
- All participants and family members are asked to wear closed toed shoes.

Participants and Family Members

- Perkins Campus is a SMOKE FREE ZONE.
- Although we adore all animals, please refrain from bringing any personal pets to the Center.
- Participant and Guests are asked to follow the Stable Rules.
- Wear closed toed shoes.
- Be calm and quiet at all times.
- Please do not enter the paddocks or small animal habitats without a staff member.
- Please do not feed animals any treats or food; they are all on special diets.
- Children are asked to stay with their parent or guardian at all times.
- When observing lessons, please stay in the viewing area in the arena.
- When passing the barn or arena please shout, "door." This alerts horses and instructors of activity outside the arena.
- Please do not leave unattended vehicles running.