



Perkins

The
**CONROY
SPEAKERS
SERIES**
presents

**CRAIG
MILLER**

—
**LIVE,
LEARN,
GROW**

A suicide attempt
survivor's story

**THE DR. CHARLES P.
CONROY SPEAKERS
SERIES @ PERKINS**

The Dr. Charles P. Conroy Speakers Series focuses on bringing members of our community together for lectures and discussion on a wide range of topics related to the various programs and services we provide at Perkins. We invite you to attend these informative sessions.

CONTACT

acaras@perkinschool.org
Anastasia Caras
Marketing & Events Coordinator

**FREE
EVENT!**

**JOIN US FOR
A SPECIAL EVENT**

Craig A. Miller, author of "This is How it Feels: A memoir of attempting suicide and finding life," shares his story of recovering after years of child abuse, mental health issues, and a suicide attempt. Craig will discuss each phase of his lived experience - from childhood to adulthood - highlighting what helped, what hurt, and what gave him hope. He'll also share the steps he took to move forward in life, how he found purpose in his pain, and how the lessons he learned from his life's greatest tragedies gave him everything he needed to cope with his past and remain resilient today. Learn more about Craig at: THISISHOWITFEELS.COM

THURSDAY, MARCH 7 6:30-8:00PM

Perkins @ The Janeway Education Center
975 Main Street, Lancaster, MA

*This event is **FREE** and open to the public*

Pre-registration is encouraged:

perkinsprograms.org/conroy-speakers-series/