



FOR IMMEDIATE RELEASE  
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**PERKINS BEHAVIORAL HEALTH RECEIVES NASHOBA VALLEY HEALTH CARE FUND GRANT**

**Lancaster, MA** – Perkins Behavioral Health in Lancaster is the recipient of a \$15,000 grant from the Nashoba Valley Health Care Fund to support comprehensive behavioral health services in the Nashoba Valley region. The grant was awarded in February, following a competitive application process.

The Nashoba Valley Healthcare Fund awards grants annually to area organizations that work to maintain the health and wellbeing of people living in its service area of 13 communities, including Ashby, Ayer, Bolton, Dunstable, Groton, Harvard, Lancaster, Littleton, Lunenburg, Pepperell, Shirley, Townsend, and Westford. The Fund is managed jointly by the Community Foundation of North Central Massachusetts and the Greater Lowell Community Foundation.

“We are thrilled that the Foundations have recognized the importance of the work Perkins clinicians are doing to meet the mental health needs of people living in the Nashoba Valley Region, especially in a year when pandemic living has exacerbated behavioral health care needs,” said Perkins & RFK Children’s Action Corps CEO, Michael W. Ames.

A division of Doctor Franklin Perkins School, Perkins Behavioral Health serves more than 1,000 children and adults annually in the Perkins Outpatient Behavioral Health Clinic on the main campus in Lancaster, as well as public schools in the area. Offering case management and expertise in trauma-informed care, Perkins Behavioral Health is an invaluable healthcare resource for people in the region, where access to behavioral health care is challenging for many.

The work Perkins clinicians do in schools, in particular, has been a model example of how providers can meet people where they are to improve treatment access. Through a partnership with the Nashoba Regional School District, children and teens have access to therapy in school buildings – or during the COVID-19 crisis, virtually.

For more information about Perkins Behavioral Health, visit the Perkins [website](#).

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**About Perkins**

Doctor Franklin Perkins School, or Perkins, is a comprehensive human service agency based in Lancaster, Mass. Their mission is to promote meaningful and sustained well-being for children, youth and adults facing educational, developmental, or mental health challenges. As of September 2020, Robert F. Kennedy Children’s Action Corps became an affiliate of Perkins, with a full merger planned for the near future. Michael W. Ames, President and CEO, leads both organizations. Together, the organizations serve nearly 2,000 vulnerable children, youth, and adults annually through day, residential, and community-based programs and reach and impact thousands more children and youth nationwide through juvenile justice training and technical assistance.

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